

Amy Appleton

123 Maple St., Nashville, TN. 37235 P: 555-555-7234 E. Sample@gmail.com

EDUCATION

Lincoln High School (anticipated graduation- May 2014)
Intended College Major- International Business and Communications
Current GPA- 3.5

EXTRA-CURRICULAR ACTIVITIES

- Lincoln Singers Show Choir
- Business People of America
- Varsity Women's Club
- Youth Group
- Cross Country Team
- Track Team
- Fellowship of Christian Athletes
- Varsity Cheer Team Captain
- Peer Mediator
- Green Awareness Club

VOLUNTEER WORK

- Animal Shelter
- Community Cleanup Coordinator
- Mission Trip
- Nursery Volunteer
- Habitat for Humanity
- Hospital Youth Volunteers

WORK EXPERIENCE

YMCA Cheer Team, Head Coach

- Proposed cheer team idea to YMCA Director and started the program
- Organize the program, schedule and host competitions, market program, recruit new members, and coach cheerleaders

Appleton's Babysitting

- Worked an average of 20 hours per week every summer, babysitting children between the ages of 2 and 8 years old.

HONORS & AWARDS

- National Honor Society
- Honor Roll
- All-State Voice Competition- 1st Place
- Middle TN Rotary Speech Competition Winner
- Miss Davidson County
- AAU Cheer Championship- 1st Place Team
- "Mental Attitude" Award- Varsity Cheer Team
- "All-Conference" Track (2 years)
- High Jump Regional Champion (track)

Lacy Smith

MLK High School

Contact: 555-555-8972
Sample@gmail.com
Class Rank: 12 out of 302
GPA: 3.92

School Activities

- Academic Team, Captain
 - Coordinate practices, facilitate host competitions, up keep administration, and participate in competitions
 - Led team to win regional championships
- Chess Club, Assistant Captain
 - Support captain in planning events and practices, up keeping administration, and strategically developing a competitive club
- Band, 1st Chair Clarinet
 - Auditioned to become the leading clarinet player in my high school band
- Peer Mentor Club, Founder
 - Provide academic support & guidance for peers during study hall, including discussions on high school academic planning, support for improving academic record, and researching college prospects.
- Young Medical Professionals Club
 - Club member of aspiring medical professionals who discuss future goals and strategically plan the best ways to reach them

Volunteer Work

- Clean Water Awareness Project, Founder
 - Raising awareness amongst my peers of the devastating lack of clean water in developing countries, and the steps we can take to make a difference
- Founder of Peer Tutoring Network, Founder
 - Established nonprofit organization that utilizes my high school peers' academic strengths to tutor and mentor struggling, low-income elementary and middle school students.

Honors & Awards

- Intel ISEF Best of Category Award
- Siemens Competition Regional Finalist
- Google Science Fair Finalist
- County Science Fair Champion
- Student Character Award
- National Honor Society
- High Honor Roll
- National Society of High School Scholar

Spencer Snyder

South Grove High School
E-mail: Sample@gmail.com
Phone: 555-555-2193
GPA- 3.3

Extra-Curricular Activities

- | | | |
|----------------------|-----------------|---------|
| • Football | Team Captain | 4 years |
| • Basketball | Starting Player | 4 years |
| • Baseball | Pitcher | 2 years |
| • FCA | Member | 4 years |
| • Varsity Men's Club | Member | 3 years |

Volunteer Work

- | | |
|-------------------------------|--------------------------|
| • Youth Football League | • Neighborhood Cleanup |
| • YMCA Summer Basketball Camp | Coordinator |
| • Little Rock Humane Society | • Relay for Life |
| • Boys & Girls Club | • Youth Mentor |
| • Youth Hospital Volunteers | • Soup Kitchen Volunteer |

Work Experience

- Pizza Hut, Assistant Manager
 - Began as cook- after 2 years was promoted to assistant manager for the evening shift
- Farm Worker
 - Worked 20-30 hours per week every summer in local farmers' fields, turning watermelon vines and picking cantaloupe- Progressed to be a group coordinator- managing teams of workers and coordinating assignments

Honors & Awards

- 4X Varsity Football Letter Winner
- 3X Varsity Basketball Letter Winner
- 1X Varsity Baseball Letter Winner
- State Championship Winning Football Team Member 2012
- "Most Valuable Player" Football Award
- Athletes with Character Honoree
- Conference Championship Winning Basketball Team Member 2011
- YMCA Youth Service Award
- 4X Employee of the Month, Pizza Hut